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Rule 31 Continuing Mediation Education Accreditation Request Form

Provider Name: Clay Phillips, PhD

Address: 5259 Harding Place Nashville, TN 37217

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E-Mail Address: Clay@DrClayPhillips.com

Course Title: Law & Mediation Practice Professionalism: Anger Management

Date(s) Held: August 20, 2018 - August 19, 2019

Location(s): Online/On-Demand at https://CLERightNow.com

How to Register: https://CLERightNow.com/p/Anger-Management

Fee for Members/Non-Members: \$125.00 / \$85.00 with discount code TSCR31\$40

Does this course have CLE Commission Approval? Yes 2 Dual Hours TCCLES ID# 224688

Session Description	Type of Credit Requested (General Continuing Education, General Mediation Issues, Mediation Ethics, or Family Law)	Start Time	End Time	Credit Approval (Office Use Only)
Defining Anger & Anger Management	General Continuing Education	8:30am	8:45am	
Costs & Pay-offs of Managing & Ignoring Anger	General Continuing Education	8:45am	9:00am	
The Anger Process: Escalation & De-escalation	Ethics	9:00am	9:30am	
How Anger Affects our Thinking	General Continuing Education	9:30am	9:45am	
Understanding Behavior: Power of Personality	Ethics	9:45am	10:00am	
Using the Anger Log: Managing Anger	General Continuing Education	10:00am	10:15am	
Ethical Communication & Anger	Ethics	10:15am	10:30am	

OFFICE USE ONLY

Total Approved CME:

Date Approved:

Anger Management helps attorneys and mediators understand anger and the opportunities available through effective anger management processes and alternatives. Anger is a universal experience. Dogs get angry, cats get angry, bees get angry, and so do humans. You don't have to be a mental health professional to know that managing anger productively is something few individuals, organizations, and societies do well. Yet research tells us that those who do manage their anger at work are much more successful than those who don't.

The co-worker who can productively confront his teammate about his negative attitude increases his team's chance of success as well as minimizes destructive conflicts. The legal professional who can defuse the angry client or opponent not only keeps their clientele loyal but also makes their own day(s) less troublesome. This course is designed to help give you and your firm that edge.