Tri-State Transition Slide Guide

This guide was developed as a joint effort between the Delaware Department of Education, the Pennsylvania Department of Education, and the Virginia Department of Education utilizing funds under a grant supported by the Office of Special Education and Rehabilitative Services (OSERS) grant # 0101-8001

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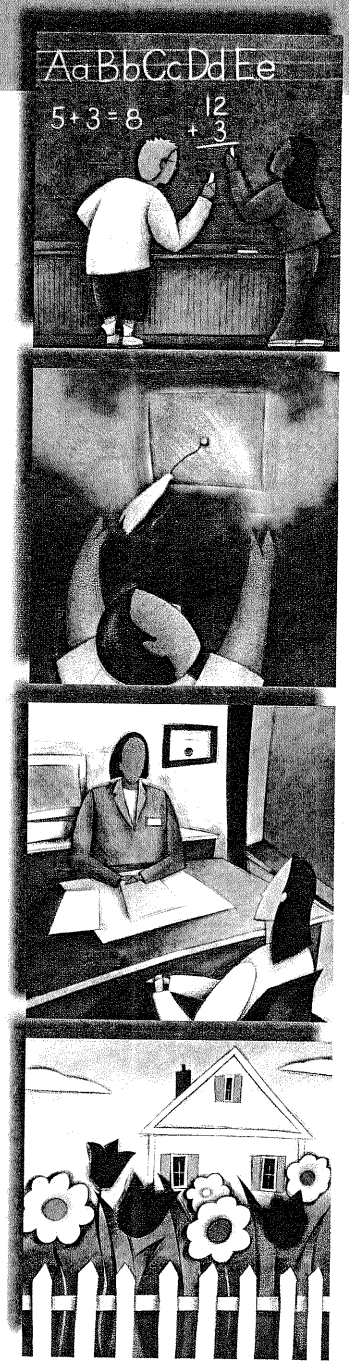

12-14 Year Old Students

Self-Determination

- Evaluate how your disability impacts your daily life
- Describe what accommodations you use
- Explain how your accommodations help you
- Provide information at your IEP meeting regarding how you learn best, your likes, dislikes, dreams

Postsecondary Education & Training

- Demonstrate time management skills
- Demonstrate organizational skills
- State the requirements of high school classes and your options for high school programs/courses of study
- Explore the acceptance requirements for postsecondary schools

Employment

- Describe employability skills
- Explore Career and Technical Education Program options
- Begin developing career portfolio - including copies of required identification
- Engage in community service/ volunteering

Independent Living (Community Participation)

- State your health care requirements and medication needs
- Continue and expand engagement in extracurricular/community activities
- Establish relationships (peers, friends, mentors)
- Learn about resources in your community that can help you
- Practice safe and suitable technology use

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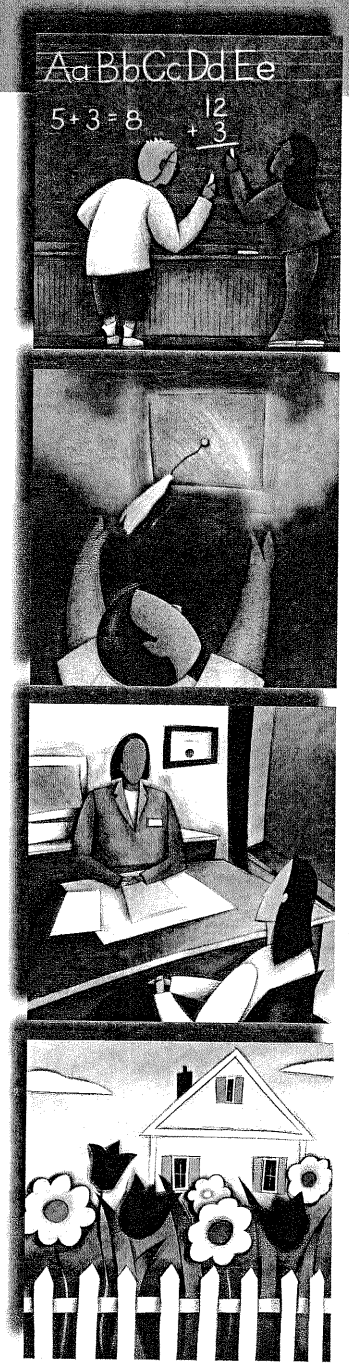

Self-Determination

Postsecondary Education & Training

Employment

Independent Living (Community Participation)

14-15 Year Old Students

- Participate in assessments and understand how the results relate to your transition plan
- Become an active member of your IEP – Student led IEP
- Identify and begin coordination of supports/create a circle of support
- Appropriately express wants and needs

- Develop graduation credit plan
- Explore/visit postsecondary school
- Understand which areas you need for support – explore use of assistive technology
- Understand actions and consequences

- Continue career exploration – participate in job shadowing
- Continue development of career portfolio include copies of assessment, work samples, etc. – link this information to your Summary of Performance
- Begin to set post high school goals
- Evaluate future financial needs and how these relate to career choices

- Implement a time/money management plan
- Explore transportation options (practice mobility skills)
- Understand health/ medical needs
- Be informed of issues related to sexuality
- Engage in community opportunities (community service, faith-based activities, youth groups, etc.)

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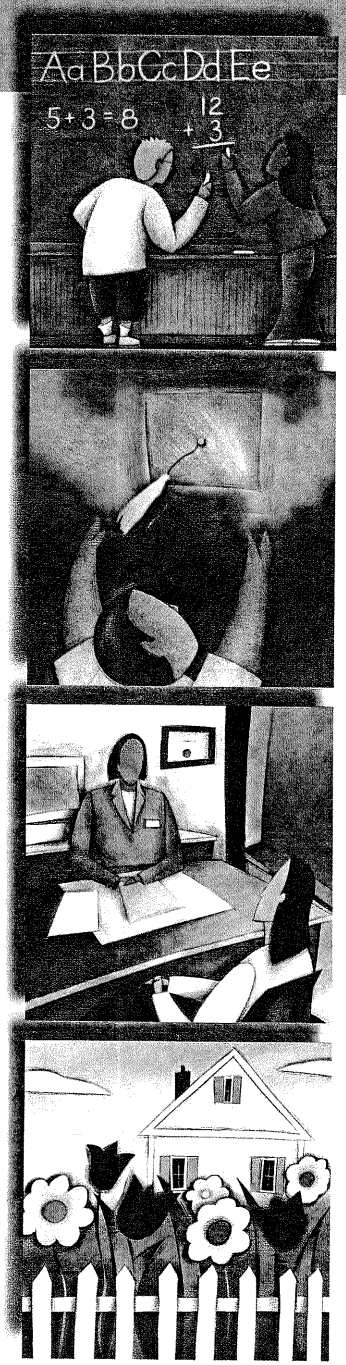

Self-Determination

Postsecondary Education & Training

Employment

Independent Living (Community Participation)

15-16 Year Old Students

- Continue involvement in assessment process – state how these results relate to your post- secondary goals
- Describe issues related to self-disclosure (when, what, how)
- Continue leading IEP - include in IEP issues related to AT, Health Care, and Transportation
- Define self-success

- Begin more specific post-school planning (college vs. employment)
- Discuss entitlement vs. eligibility issues
- Actively participate in high school scheduling
- State prerequisites for further training (PSAT, SAT, CTE assessment)
- Investigate scholarship opportunities and funding sources

- Continue career exploration – situational assessments
- Continue development of career portfolio include resume development
- Identify and explore all sources of potential employment
- Understand/state what it is that you can "bring" to an employer
- Understand private/government resources for employment

- Describe what adult agencies can help you and connect with these agencies
- Continue to develop healthy relationships that have a positive impact on your future
- Understand what in the community is important to you and for you and further engage in these activities
- Assess and know how to access transportation options

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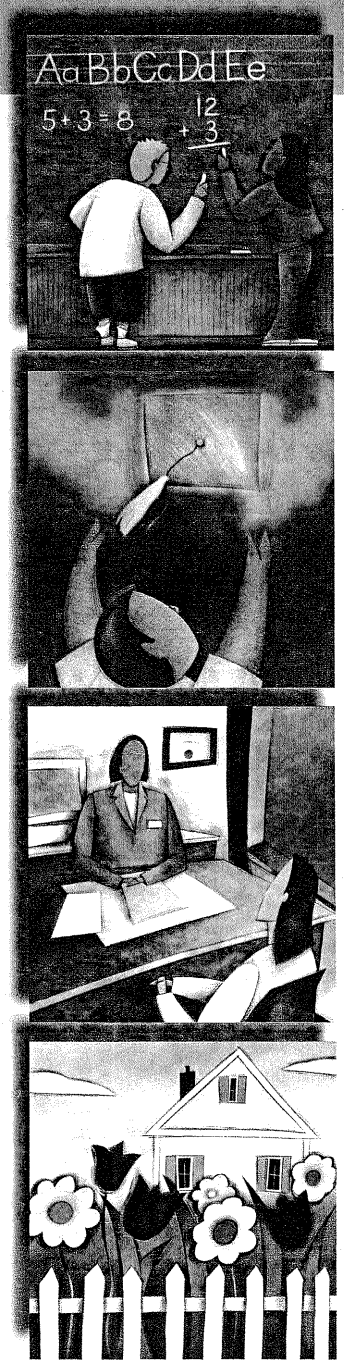

Self-Determination

Postsecondary Education & Training

Employment

Independent Living
(Community Participation)

16-17 Year Old Students

- Realize and understand barriers and solutions
- Independently discuss with high school staff needed accommodations and supports
- Understand adult rights and responsibilities
- Continue leading IEP Meeting provide direct input into the development of your IEP goals

- Take college entrance exam
- Maintain academic success
- Complete college applications
- Participate in a college prep program
- Apply for scholarship opportunities and funding sources
- Contact disability services office(s) to determine needed documentation and available supports

- Continue development of career portfolio include updates to all documents
- Begin narrowing job selection from just "a job to make money" vs. "a job that interests you"
- State and know how to acquire the accommodations and supports needed for employment
- Discuss what additional training/ skills are needed to continue or enhance employment
- Engage in competitive employment

- Begin assuming and transfer of responsibility for health needs
- Continue making healthy choices
- Continue community involvement ensuring healthy lifestyle choices and understanding of risk behaviors
- Continue involvement with the adult agencies that will assist you
- Develop financial literacy skills
- Describe potential changes to current benefits if employed

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18-21 Year Old Students

Self-Determination

- Direct personal assistance services
- Understand cultural diversity
- Understand and use cause and effect strategies
- Consider others' points of view
- Further develop self-advocacy skills as they relate to your post- secondary goals
- Assume adult rights and responsibilities

Postsecondary Education & Training

- Finalize postsecondary education/ training plan, including documentation
- Understand and use the Summary of Performance
- Coordinate services and supports with disability services
- Meet with instructional staff regarding needed accommodations and supports

Employment

- Develop skills for employment/ volunteer position sustainability
- Master employability skills
- Acquire the accommodations and supports needed for employment
- Make use of private/government resources for employment

Independent Living (Community Participation)

- Develop a plan for a balanced life (time management, school, work, leisure)
- Register for selective service/Register to vote
- Finalize independent living arrangements and community connections
- Engage with adult supports to ensure a coordination of services

Self-Determination

Questions to Consider

- How do you make decisions and use community resources?
- How do you talk about your disability and what you need for support?
- What are your goals and what is your plan to reach them?

Resources

Self Determination

http://education.ou.edu/zarrow
http://www.imdetermined.org - VA
http://payouthleaders.ning.com - PA
http://www.alife4me.com - VA

Assistive Technology

http://www.fctd.info
http://www.ataporg.org/atap
http://www.jan.wvu.edu

General Transition Sites

http://www.sharedwork.org
http://www.nsttac.org
http://www.pacer.org

Postsecondary Education & Training

Questions to Consider

- What postsecondary education/training options are available for you?
- What documentation do you need to be eligible for disability related services?
- What types of accommodations can you receive from postsecondary education/ training programs?

Resources

Preparing for College

http://www.pepnet.org/itransition.asp
http://www.going-to-college.org (VA)
http://www.educationplanner.com/education_planner
http://www.heath.gwu.edu
http://www.collegebound.net
http://www.thinkcollege.net
https://myroad.collegeboard.com
http://vacollegequest.org (VA)
http://www.vccs.edu/Default.aspx?tabid=789 (VA)

Preparing for Career & Technical Education

http://www.khake.com/page36.html
http://www.collegebound.net/vocational-school-guide
http://www.pacareerstandards.com (PA)
http://www.cteresource.org (VA)
http://www.YesYouCanDe.com (DE)

Scholarship Search

http://fastweb.com

Employment

Questions to Consider

- What are your career goals?
- How will you reach those goals?
- What supports and/or resources do you need to reach your vocational goals?

Resources

Employment

http://www.ncwd-youth.info/index.html
http://www.careervoyages.gov

SSI and SSDI Work Incentives

http://www.ssa.gov/disabilityresearch/wi/generalinfo.htm

Employment Search Engine

http://monster.com

Career Interest & Occupational Information

http://online.onetcenter.org
http://www.schoolfinder.com/careers/3step1.asp
http://www.bls.gov/k12
http://www.acinet.org
http://www.pacareerzone.org PA
https://joblink.delaware.gov/ada DE
http://vawizard.org VA

Independent Living (Community Participation)

Questions to Consider

- Where do you want to live as an adult?
- What kind of supports will you need for transportation, medical issues, daily living and leisure time activities and how will you pay for what you need?
- How will you maintain and increase your social network?

Resources

Independent Living

http://www.disabilityInfo.gov
http://www.ilru.org/html/publications/directory/index.html
http://www.transitionmapde.org (DE)
http://www.transitionmap.org (PA)

Health

http://www.healthfinder.gov
http://www.hrtw.org

Volunteering

http://www.americorps.gov
http://www.handsonnetwork.org

Recreation and Leisure

http://www.ymca.net
http://www.dsusa.org
http://collectors.org
http://specialolympics.org

Benefits & Financial Planning

http://www.ssa.gov
http://www.govbenefits.gov
http://www.atg.wa.gov/teenconsumer